

KNOX COUNTY FOOD RESOURCE GUIDE

Food Assistance Programs

- **SNAP** -TN Department of Human Services
2700 Middlebrook Pike, Suite 200.865-594-6151
Hours: Monday - Friday, 8 a.m. - 4:30 p.m.
- **WIC** - Knox County Health Department
140 Dameron Ave.865-215-5030
Hours: Monday - Friday, 8 a.m. - 4:30 p.m.
WIC is for women who are pregnant or had a baby in the past 6 months; breastfeeding moms who had a baby in the past 12 months; infants; and children up to age 5.
- **Mobile Meals and Mobile Affordable Meal Service**
Knox County CAC Office on Aging.
2247 Western Ave.865-524-2786
Mobile Meals has eligibility requirements and an in-home assessment. Must call to complete these for service.

Other Community Resources

- **211**
Dial 211 to reach the Knox County Crisis Hotline and Information Center
- **Compassion Coalition** – Connection Point Call Center connects individuals with the assistance they need.
.....865-251-1591, ext. 1
- **Community Compass** – <https://communitycompass.tn.gov/>



Free Classes

The Knox County Health Department offers free Diabetes Management and Heart Health classes. Use your phone to scan this QR code for more information.



Contact: Community Health

Office: 865-215-5170
Email: nutrition@knoxcounty.org



West Clinic

9000 Executive Park Dr., Suite A301B
865-215-5950



Main Knox County Health Department Office

140 Dameron Avenue
865-215-5000

KCHD 4/24/2025



KNOX COUNTY
TENNESSEE

HEALTH DEPARTMENT

FOOD PANTRIES



Downtown Food Pantries

- **First Baptist Downtown FISH Pantry**
510 W. Main Street 865-546-9661
First Monday, 9 a.m. - noon.
- **First Presbyterian Church**
620 State Street 865-938-5889
First Tuesday, 9 - 11 a.m.
- ❄️ **Red Bird Community Store at Wesley House**
♥️ 1719 Reynolds Street
Monday, Wednesday, Thursday, 7:30 - 11:30 a.m.,
Tuesday, 8:30 - 11:30 a.m., 12:30 - 3 p.m., Friday 7:30 -
10 a.m., 1:30 - 4 p.m.
Can schedule appointment, call 865-524-5494

West Knox County Food Pantries

- ❄️ **Manna House at Cokesbury UMC**
9919 Kingston Pike 865-693-3553
Tuesday, Thursday and Saturday, 9 - 11 a.m.
Must bring photo ID.
- **Knoxville Dream Center at Parkwest Church**
7635 Middlebrook Pike. 865-688-9636
Monday, 11 a.m.
- **Knoxville Dream Center at West Lonsdale Baptist Church**
2720 Dayton Street NW 865-688-9636
Thursday, 1:30 p.m.
- ❄️ **St. Vincent's Food Pantry – All Saints Catholic Parish**
620 N. Cedar Bluff Road 865-474-8618
Second Saturday, 2 - 3 p.m.

North Knox County Food Pantries

- **FISH**
122 W. Scott Ave. 865-971-4000
Tuesday, Thursday and fourth Saturday, 10 a.m. - 1 p.m.
- ❄️ **White Stone Food Pantry**
♥️ 1717 E. Emory Rd. 865-254-5052
Second Saturday, 9 - 11 a.m., fourth Tuesday, 4:30 - 6 p.m.
- ❄️ **Cedar Lane Food Pantry**
714 Cedar Lane 865-688-3531
Fourth Monday, January-October, third Monday,
November-December, 10 a.m - noon
- **Knoxville Dream Center at Park West Church Dutch Valley**
1416 Breda Drive. 865-688-9636
Tuesday, 11 a.m.

East Knox County Food Pantries

- ❄️ **Strawberry Plains UMC**
3173 W. Old Andrew Johnson Hwy. 865-933-8583
First and third Thursday, 7 - 8 p.m.
- ❄️ **Knoxville Dream Center at Overcoming Believers Church**
211 Harriet Tubman Street 865-688-9636
Tuesday, 1 p.m.
- ❄️ **Burlington Food Pantry**
3800 Martin Luther King Jr. Ave. 865-546-5153
Third and fourth Tuesday, 3:30 - 4:30 p.m.
- ❄️ **Five Loaves Food Pantry at Lennon-Seney UMC**
♥️ 2084 Dandridge Ave. 865-381-2830
Fourth Tuesday, March-October, 5 - 6 p.m., fourth
Tuesday, November-February, 4 - 5 p.m.

South Knox County Food Pantries

- ❄️ **FISH (Sustainable Future Building)**
201 Ogle Street 865-577-9600
Wednesday and Friday, 10 a.m. - 1 p.m.
- ❄️ **The Center of Montgomery Village**
4601 Joe Lewis Road 865-577-6244
Emergency Food Packages, Monday, Wednesday and
Thursday, 1 - 4 p.m., Market Tuesdays, 10:30 - 11:45 a.m.
Only serves 37920 zip code.
- ❄️ **Knox Pride Food Pantry**
4044A Chapman Hwy. 865-978-4364
Tuesday-Saturday, 11 a.m. - 4 p.m.



This food pantry has cold storage and may distribute fresh and frozen foods



This food pantry participates in the Supporting Nutrition Awareness in Communities (SNAC) Program and has nutritious foods available. For more information about SNAC email nutrition@knoxcounty.org.